

# Psychological & Counseling Associates

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## Children and Adolescent Information Form

Completion of the following pages assists us in efficiently providing you with quality care. The information obtained is protected within the constraints of the individual treatment and standards governing confidentiality.

Date \_\_\_\_\_ Home Phone \_\_\_\_\_

### IDENTIFYING DATA

Name \_\_\_\_\_ Nick Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parents' Name \_\_\_\_\_ Parents' Work Number \_\_\_\_\_

Parents' Marital Status \_\_\_\_\_ Sex: M \_\_\_\_\_ F \_\_\_\_\_ Occupation \_\_\_\_\_

Teacher's Name \_\_\_\_\_ School \_\_\_\_\_

Grade \_\_\_\_\_ Is the child in L.D. Classes? \_\_\_\_\_ has there been any testing done? \_\_\_\_\_

When \_\_\_\_\_ Where \_\_\_\_\_

Are there any educational problems: \_\_\_\_\_ Please list: \_\_\_\_\_

Please list all of the information regarding individuals who live with you currently:

Name	Sex	Age	Relationship to Client
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_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Whom may we thank for referring you? \_\_\_\_\_

What is it you want to gain by coming here? \_\_\_\_\_

Have you ever been given psychological tests? Yes \_\_\_ No \_\_\_ If yes, when and where were they given? \_\_\_\_\_

Have you ever received mental health services in the past? Yes \_\_\_ No \_\_\_

If yes, what were some of the concerns? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**BEHAVIORAL HEALTH DATA**

What are your leisure activities/interests? \_\_\_\_\_

What do you do for recreation? \_\_\_\_\_

Do you have sleep difficulties? Yes \_\_\_ No \_\_\_ If yes, explain \_\_\_\_\_

Current medical problems: \_\_\_\_\_

Please list all currently prescribed psychotropic medications: \_\_\_\_\_

Current Difficulties: (Please check all that apply to you)

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Restless              | <input type="checkbox"/> Eating Too Much        | <input type="checkbox"/> Smoking Too Much          |
| <input type="checkbox"/> Argue A Lot           | <input type="checkbox"/> Disobedient            | <input type="checkbox"/> Crying A Lot              |
| <input type="checkbox"/> No Appetite           | <input type="checkbox"/> Teases others          | <input type="checkbox"/> Stomach Aches             |
| <input type="checkbox"/> Worrying A lot        | <input type="checkbox"/> Impulsive              | <input type="checkbox"/> Lying                     |
| <input type="checkbox"/> Headaches             | <input type="checkbox"/> Stealing               | <input type="checkbox"/> Nightmares                |
| <input type="checkbox"/> Feeling Lonely        | <input type="checkbox"/> Brags, boasts          | <input type="checkbox"/> Bullies, threatens others |
| <input type="checkbox"/> Anxious/Afraid        | <input type="checkbox"/> Tired All the Time     | <input type="checkbox"/> Tense, unable to relax    |
| <input type="checkbox"/> Afraid of Failing     | <input type="checkbox"/> Wanting To Hurt Others | <input type="checkbox"/> Anxious                   |
| <input type="checkbox"/> Losing Temper Easy    | <input type="checkbox"/> Aggressive             | <input type="checkbox"/> Feeling Hopeless          |
| <input type="checkbox"/> Feels Inferior        | <input type="checkbox"/> Avoiding People        | <input type="checkbox"/> Messy, sloppy             |
| <input type="checkbox"/> Feeling Confused      | <input type="checkbox"/> Smokes                 | <input type="checkbox"/> Lies                      |
| <input type="checkbox"/> Fights                | <input type="checkbox"/> Putting Things Off     | <input type="checkbox"/> Destroying Things         |
| <input type="checkbox"/> Feeling Guilty        | <input type="checkbox"/> Wanting To Run Away    | <input type="checkbox"/> Selfish                   |
| <input type="checkbox"/> Withdraws from others | <input type="checkbox"/> Depressed, always sad  | <input type="checkbox"/> Hyperactive               |
| <input type="checkbox"/> Sulks, pouts          | <input type="checkbox"/> Temper tantrums        | <input type="checkbox"/> Feelings easily hurt      |
| <input type="checkbox"/> Uses drugs            | <input type="checkbox"/> Cheats                 | <input type="checkbox"/> Uses alcohol              |
| <input type="checkbox"/> Cruel to others       | <input type="checkbox"/> Runs away from home    | <input type="checkbox"/> Absent mindedness         |
| <input type="checkbox"/> Suicidal Ideation     | <input type="checkbox"/> Sexual Abuse           |  |

**PERSONAL RESOURCES**

My strengths and best features are \_\_\_\_\_

The most important thing that happened to me in the past year: \_\_\_\_\_

The most important thing that happened to me in my life: \_\_\_\_\_

